

BAR HILL NEWS

February 2018; Issue 589

A VERY HAPPY AND HEALTHY 2018 TO ALL OUR READERS

PARISH COUNCIL WEBSITE

This is now available on www.barhillpc.org.uk
Lots of information and minutes of the meetings held.
Please contact the Clerk with any questions or suggestions.

BAR HILL PARISH COUNCIL NOTICE OF PARISH COUNCILLOR VACANCY (by co-option)

**ARE YOU ABLE TO SPARE A FEW HOURS A MONTH
TO HELP YOUR COMMUNITY?**

Further details about role and qualifications available from
the Clerk on 01954 780456 or email clerk@barhillpc.org.uk
(see also page 5 of this edition).

Letters of interest must be submitted to the Clerk by noon
13th February 2018, setting out your interest, skills and
abilities to contribute to the role of the Council (approx. 100
words).

THE RESIDENTS' ASSOCIATION NEEDS A TREASURER

Martin Avery, who has served as the Association's Treasurer
for many years, has announced that he will retire from this
honorary post at May's Annual General Meeting. The post
requires only an hour or two's work and attending the
monthly committee meeting each month.

For more information, contact Roger Hall, Chairman, on
01954 780304 or email roger.hall90@ntlworld.com.

URGENTLY NEEDED

IT skills needed for taking over as the new Webmaster for
the Bar Hill Village Website

at present you can view as www.barhill.org.uk

The present webmaster will be willing to help
in the handover.

Please contact Mike Nelson: 01954 780772 for more details.

BAR HILL FETE, 7th JULY 2018

Help is now urgently needed in the preparation of the Fete
both during the next few months and on the day. For
information on the tasks to be undertaken, large and small,
contact Roger Hall, chairman of the Residents' Association,
on 01954 780304 or email roger.hall90@ntlworld.com.

JOB AVAILABLE

Tom Lee Plastering is looking for a part time labourer.

No experience necessary. Training and tools provided.

Ideal job for a college lad.

Please email for further information:

tomleeeplastering@live.co.uk

— BAR HILL POST OFFICE —

We are located in Bar Hill Library, open 9am–5.30pm
Monday to Friday and 9am–12.30pm Saturday.

We offer Royal Mail and ParcelForce services for all your
posting needs. Ask our friendly, helpful staff for advice to
make sure you're using the right service.

Also available • car tax • bill payments • banking services
– cash/cheque deposits for all High Street Banks • FREE cash
withdrawals • foreign currency orders – Euros in stock;
other currency available to order with next day delivery •
Moneygram – safely send money abroad/UK • gas &
electricity key/card top-ups • mobile phone top-ups • One
4 All multi-store gift cards • National Lottery, EuroMillions &
scratch cards • stationery and posting/packaging items •
cards & wrapping paper for all occasions • basic shop items
– kitchen/toilet rolls, cleaning products, tissues etc • sweets
and chocolate • cold drinks • daily newspapers •

New – ice creams, helium balloons, cigarettes/tobacco

– PLEASE SUPPORT YOUR LOCAL POST OFFICE

– ☺ thank you ☺

BUS SERVICE 1A BETWEEN BAR HILL AND ST IVES



Dews Coaches run a weekday bus service,
number 1A, between Bar Hill and St Ives.

There are stops in Fenstanton.

This service is subsidised by Cambridgeshire County Council
until summer 2018, and to keep it running we need to
support it. Older persons' bus passes are accepted.

The timetable is as follows:

- Departures from bus stop near Tesco at 07.52, 09.43,
10.43, 11.43, 12.43, 13.43, 15.43 and 17.03.
- Return from St Ives bus station at 09.18, 10.18, 11.18,
12.18, 13.18, 15.18 and 16.18.

YOU COULDN'T MAKE IT UP...

No one knows who invented the fire hydrant because the
building housing the patent burned to the ground in 1836!

Huntingdonshire Concert Band presents:

HCB'S GOT TALENT

7.30pm, Saturday 24th February in Bar Hill Church.

Tickets £8 [£7 concessions and under 16s].

Featuring soloists from the band, including Flute, Clarinet,
French Horn, Euphonium, Alto and Tenor Saxophone.
Light refreshments will be served during the interval.

All proceeds will go to Bar Hill Church.

Tickets available by telephone: 01954 780260 and
01954 203310, by e-mail: kenchington@supanet.com
or on the door.

www.hcband.co.uk

**Deadline for March's edition: 15th February to bhneditor@yahoo.com
or see page 2 for other contacts.**

— BAR HILL RESIDENTS' ASSOCIATION —

2017-18 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp		hilary.whipp1@gmail.com

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com
Advertising Coordinator:	Bunty Waters	01954 201421
Distribution Coordinator:	Martin Avery	01954 781233
		77 Foxhollow
		34 Acorn Avenue

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com [a Word file is best, please] or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: 01954 780442
www.mhmaple.co.uk

Out of Hours Emergencies call 111
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday 8am – 6.30pm
On the day appointments: bookable by phone at 8.30am.
Midwife Thursday 9.30am–12.30pm
Podiatrist Wed. & Friday 8.45am–12 noon
and 1.00–4.00pm
Orthoptist 2nd Tues/month 9.00am–12.30pm
Cambs Hearing Help 4th Tues/month 9.30–11.30am
Health Visitors (based at Longstanton): 01954 207612
Well Child Clinics: 3rd Tues/month 1.00–2.30pm
at the Children's Centre, Bar Hill (next to Primary School).

— BAR HILL HEALTH WALKS —

Free every Wednesday morning
Meet at Maple Surgery at 10.30am

Our walks are all weather (*in case of rain you will find us under the Church porch*), free, and accessible to all, particularly those who are currently inactive. Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss. We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox. If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: Josephine Powell T: 07901 558108;
E: jopowell45@hotmail.com or Patricia Daniels
T: 07917 874402; E: danielsoohn@btinternet.com.

HAIR 2U

Professional Mobile Hairdressing covering Bar Hill.
Call Caroline: 07843 238718.



— WANTED —

Bar Hill School would like 'Sylvanian Animals' as well as toy tractors, train sets, picture books, tissue paper and stencils. If anybody has any of these they wish to donate, please get in touch with Jo Hall, 11 Almond Grove, tel. 01954 780304 or e-mail roger.hall@ntlworld.com.

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with *Laura*. Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk
W: www.learnitwithlaura.co.uk

— NWR —
**CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING
AND TALK ABOUT ANYTHING**



NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

1st Feb. Museums and galleries – research your favourite – are they important, who should fund them?
15th Feb. Fabulous Flowers – what is your favourite, why, does it have medicinal properties, represent a birth sign, is it special to you.

1st March Deserts of the World – research the flora and fauna of the desert, indigenous people etc.

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-Thérèse Last on 01954 780329 or Jackie Jackson on 01954 781613.

NWR can also be found on www.nwr.org.uk. Why not have a look!

**BAR HILL
COMMUNITY
MARKET**



NOT February
Saturday 3rd March
Saturday 7th April
10.30am–2pm
In the Octagon
CB23 8EH

— Entry is Free —



All profits go to community/charity projects.
Refreshments: Soup & bread at lunchtime.
BBQ weather permitting.

If you wish to be part of the market please contact
Karen Austen 01954 781085.

e-mail: bar.hill.community.market@gmail.com
Facebook: Bar Hill Community Market

— HEALTH AND WELLBEING CLUB —

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on aspects of promoting and maintaining good health in every area. We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

Next meetings: 13th February.

For further information, contact Wendy Arrowsmith on 01954 781381.

— HAPPY HOURS —

Our Club meets most Mondays in the Octagon building of Bar Hill Church from 11am–3pm, with coffee, tea and light lunches. Our Winter lunch time menu consists of soup and a roll, baked potato with butter (£1.50 each) or filled baked potatoes (cheese, tuna mayo or baked beans) or a ploughman's lunch (£2.30 each).



Our aim is to provide friendship and companionship, so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

In December we celebrated with a Christmas sing-along and a brilliant Christmas party. After the Christmas break we had a gentle restart in January with mulled wine and games.

Coming up in February:

5th: As yet undecided

12th: Pancakes and Valentines – Quiz, games and pancakes

19th: As yet undecided

26th: Bingo and a quiz

Anne Plumb, 01954 780364

**THE ROYAL BRITISH LEGION,
— BAR HILL BRANCH —**

The Royal British Legion Bar Hill Branch meets on the 4th Thursday of each month (next meeting: February) in The Community Room at Tesco at 7.30pm.

We are a small friendly group of like-minded people. To join you don't have to have an Armed Forces background, just share a common cause of supporting our Service community, now and for the rest of their lives. If you are interested in coming along, please contact Wendy Arrowsmith, Branch Secretary, on 01954 781381 or Malcolm Cox, Chairman, on 01954 488657.

** PLEASE NOTE NEW MEETING VENUE **

BAR HILL BOOK CLUB

Tuesday 27th February at 7.30pm in the Bar Hill Sports and Social Club, The Spinney, Bar Hill.

Please join our friendly group, we offer a lovely welcome, good company and great book choices. Let me know if you would like to join us and I will arrange a warm welcome.

sheilafarrar@hotmail.co.uk; Tel/Text: 07920 558319

S DYE For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484.

PLAYPALS BABY AND TODDLER GROUP

Meet Wednesdays and Fridays*

At Bar Hill Church Octagon

9:45–11.15 am

*Term-time

Under 1s £1.50; Over 1s £2.50; Family
Your first session free!

Can you help? We are looking for kitch an hour of time during our sessions t and drinks. If you are interested ple helen.j.bishop@gmail.com

— LETTERS —

Dear Editor

Earlier this year it was sadly necessary for me to make the decision to leave Bar Hill. I have been in the village for over thirty years and seen many changes, but the one thing that has been ever-present is the sense of community.

You only have to look through the Bar Hill News to see that there are plenty of activities and clubs in which to become involved. All ages are catered for.

For those of us who have retired or do not work, it is possible to find something to do most days of the week: Happy Hour on Monday; Keep Fit on Tuesday; Health Walks, Coffee Stop and Art Club on Wednesday; Knit and Natter on Thursday. Some of us are not as mobile as we once were, either due to age or ongoing health issues. As a result many of us find the prospect of exercise daunting, but all is not lost! There is a Health and Wellbeing Club on the second Tuesday of the month. But if you feel the need to exercise on a more regular basis, Forever Active have Strength and Balance classes every Friday in the Church. You may have seen their ad in the South Cambs magazine, or you can contact Hannah: 07779 244250.

An area of real concern is loneliness – not just in Bar Hill but nationally. Men in particular are less likely to join groups and are therefore more at risk. Well here's a challenge, gentlemen! Don't let us girls have all the fun! Broaden your horizons!

Have you considered setting up a Man Shed group here in Bar Hill? Don't know where to start? Why not take a look at the Man Shed homepage: themanshedd.org.uk? It offers a range of activities, as well as mental health issues such as depression and loneliness.

Last of all, how about the young people. Any budding journalists interested in providing a monthly 'blog' to be included in BHN?

Having said all that has made me realise just how much I will be missing by moving away! To my dear friends, lovely neighbours and local heroes who keep this community alive... I wish you good health and much happiness.

Hope you all have a happy, healthy, peaceful New Year.
Ros Simpin, Little Meadow

Hi Everyone

We would like to say thank you to all that called at 12 Appletrees to see our garden light display over Christmas, and for the donations given for the Cardiac Unit, Addenbrookes, you raised £125.08.

Thank you

Gail and Richard

FREE

2 Maxi Cosi child car seats.

One is strap fitted and the other "isofix".

Both are in good condition and have not been involved in any accidents.

Contact Paul Chubbuck on 07983 435104.



Mobile Nail & Beauty Treatments
from the comfort of your own home.
Contact Shanade on: mobile: 07891 845181
e-mail: shanadebeauty@gmail.com

HORRIBLY CLEVER CREDIT CARD SCAM!

It started with a phone call.

Was I going to be at home because a courier company had a package that needed to be signed for? As promised, within the hour a uniformed delivery man arrived with a beautiful basket of flowers and a bottle of wine. I was pleasantly surprised as it was not my birthday so I enquired who it was from.

The courier replied that he didn't know but often a card arrived separately.

He then explained that because the gift contained alcohol, there was a £3.50 "delivery/verification charge," providing proof that it had been received by an adult, and not just left on the doorstep where it could be stolen or taken by anyone, especially a minor. This sounded logical and I reached for my purse. However he said it must be credit/debit card, so that there was a legal record. Plus he said couriers don't carry cash to avoid loss or robbery.

He duly produced a card machine, I inserted my card, entered my PIN and was given my card back with a receipt. With a cheery 'Enjoy!' he departed and I did indeed enjoy the unexpected flowers and wine... for a few days. Then, to my horror I found £4,000 had been charged/withdrawn against my card.

- X the phone call had been fake;
- X the courier was fake;
- X the card machine was fake and able to read my card details.



I notified the bank who issued me with a new card. Apparently I wasn't the first victim of this scam.

WARNING:

- ✓ Be wary of accepting any "surprise gift or package," involving any payment as a condition of receiving it.
- ✓ Be wary of accepting anything with no proper identification of who sent it.
- ✓ Only give out any personal credit/debit card information when you yourself initiated the purchase or transaction.

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school at 8pm. The cost is £10 for the year plus 50p each month to cover the raffle and coffee.

We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal. Our meetings for early 2018 are as follows:-

- 1 Feb. – How to protect yourself against scams;
- 1 March – Ghostly tales from Malcolm Busby;
- 29 March – Birthday party – members only;
- 5 April – School closed – no meeting;
- 3 May – To be confirmed;
- 7 June – Growing up in the 50/60's;
- 2 August – School closed – no meeting.

If you'd like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings. We'd be very pleased to meet you.

HONEYBEES FENCING COMPANY

7-day call out for wind damage.

Please contact Lee on 07704 474222;

or: leehoneybourne406@btinternet.com

— BAR HILL PARISH COUNCIL —



Sue Bell, Parish Clerk: 01954 780456

e-mail: clerk@barhillpc.org.uk

Please note that the office is normally open to residents between 10am and 12noon, Monday to Wednesday.

We are very pleased to announce that our new website is now open: www.barhillpc.org.uk.

Parish Councillor Vacancy – COULD YOU SPARE A FEW HOURS A MONTH TO HELP YOUR COMMUNITY?

Could you make a difference – involves: attend monthly meetings of the Full Council and Committees/working parties, provide a voice for the community, help decide what activities to support and on what to spend money locally. Help manage and maintain Council's assets, eg buildings, open spaces, play areas etc, consultee eg planning applications, health services, transport etc, help fulfil the Council's statutory responsibilities. You will need energy, enthusiasm, commitment and a genuine interest in the future of Bar Hill and a desire to make improvements for the benefit of the community. Contact Clerk for information pack and how to put your name forward. Closing date for receipt of applications: noon on 13 February 2018

The Annual Parish Meeting is scheduled for the evening of **Thursday 26th April 2018** at The Octagon, (next to the Parish Council Office). This meeting is an opportunity for all electors in the parish to express their opinions or concerns regarding issues relevant to the parish. Village Community groups are asked to attend to give an up-date on their activities over the year and explain what they will be doing over the coming year. The meeting is Chaired by the Chair of the Parish Council and members of the Parish Council will be present. There will be reports on the Council's activities and proposals for the future. Comments from residents are noted and taken back to the next meeting of the Parish Council for consideration. Further details will be published over the coming months.

Do put the date in your diary, come along and support your community.

Local Councils – Polling Day – Thursday 3rd May 2018
Your Parish Councillors finish their term of office in May this year. Details for qualification and nomination of candidates for the next term of office will be available over the coming months and will be posted on the noticeboards and website.

News from the Council:

At the December meeting, the Council approved the **2018/19 Budget**: Expenditure £144,510, Income £13,510 and set a Precept of £131,000 (raised as the Parish Council element of the Council Tax) This will give a Band D equivalent of £89.84 in 2018-19, an increase of £1.90 on the previous year.

Grit Bins – the County Council is responsible for keeping the bins topped up with grit – please report to Cambridgeshire County Council direct, or contact the Parish Council office or a Councillor

The Autumn/Winter tree and green works is almost complete. The contractor is expected to complete works at Robin Close in the next few weeks and the County Council have undertaken to carry out maintenance repairs to the footway over the coming months.

Please could we ask householders to take a look over their boundary fences to ensure there is no vegetation on the

PARISH COUNCIL (cont.)

ground or overhanging, causing an obstruction or nuisance to pedestrians/cyclists/pushchairs/mobility scooters? The Council still receives a number of complaints about inconsiderate parking. Anyone with concerns, please report to Cambridgeshire Constabulary on <http://tinyurl.com/SouthCambs-Parking>. They are gathering information to identify hotspots!

Future Full Council meetings: 18th January, 15th February, 15th March;
Environment and Amenities Committee 7th February, 7th March.

Handy telephone numbers/contact details – help with which Council to contact:

Cambs County Council: Births, deaths and marriages; buses; consumer protection; education; libraries; public health; recycling and waste; roads and highways; social care; street lighting; trading standards; transport and travel Tel 01223 717111

South Cambs District Council: Building control; business rates; car parks; council tax; elections and voter registrations; environmental health; housing and homelessness; leisure centres; licensing; pest control; planning; refuse/bin collection; street cleaning
Tel 03450 450500 <https://www.cambridgeshire.gov.uk/council/contact-us/not-sure-which-council-to-contact/>
To report issues on footpaths, public rights of way, and roads <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults>
Tel 01223 717111

Streetlight maintenance <http://www.lightingcambridgeshire.com/contact-us/report-fault.htm> or enquiries@lightingcambridgeshire.com Tel 0800 7838 247. You will need to give the number on the lamp post
Cambridge Water Company (water supply) <http://www.cambridge-water.co.uk> Tel 0800 316 7676
Anglian Water (waste water) <http://www.anglianwater.co.uk/> Tel 0800 145 145

FREE EVENT IN CAMBOURNE FOR COMMUNITY GROUPS, CLUBS OR CHARITIES

We are a charity set up to offer advice and support to community groups. We are hosting a FREE event at The Hub Cambourne Community Centre on 21st February.

Part 1: Do you want guidance on compliance with charity law? We are running a workshop on the duties of trustees – 4–6pm.

Part 2: Could you use some extra funds? A chance to hear speakers from a range of funding organisations – 6.30–8pm. More information on our website: www.cambridgecvs.org.uk/training-events/events, call: 01223 464696 or email: enquiries@cambridgecvs.org.uk

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at Bar Hill School on Wednesdays at 5.30pm or 7.30pm.

Want to lose weight and never feel hungry?

Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000.

— Bar Hill Church —

Services during February

Sunday 4 February	10:00 am	Holy Communion (Anglican)
	6:00 pm	Informal Worship
Sunday 11 February	10:00 am	All-Together Worship
Wednesday 14 February	7:30 pm	Ash Wednesday Communion
Sunday 18 February	10:00 am	Holy Communion (Reformed)
Wednesday 21 February	3:15 pm	Messy Church (in the Octagon)
Sunday 25 February	8:00 am	Holy Communion
	10:00 am	Morning Worship



Social Calendar for February

Olive Tree Coffee Morning Saturday 17 February: 10:30 - 11:30 am in the Meetings Room

Knit & Natter every Thursday 1:15 - 3:00 pm in the Octagon (Contact Sue 01954 780260)

Coffee Stop every Wednesday 10 am - noon in the Library (Contact Sue 01954 780260)

Art Group every Wednesday 1:30 - 4:00 pm in the Church (Contact Jan 01954 201495)

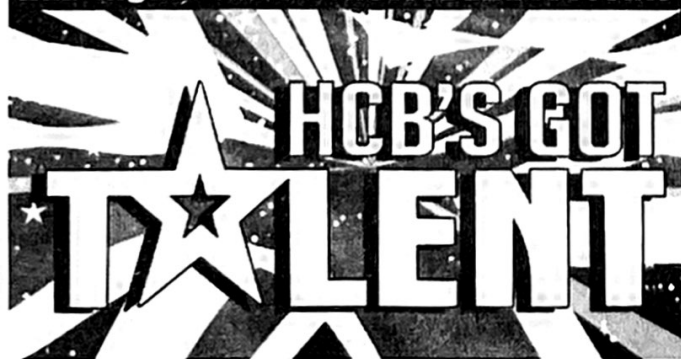
Bring Your Own Craft Group Saturday 24 February 2:15 - 4:30 pm in the Octagon

(Contact Karen 01954 781085)

Church Contacts

Church Office	Linda King	01954 206120	office@barhillchurch.org.uk
Minister	Rev. Charles Mather	01954 277119	charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH		
Website	http://barhillchurch.org.uk		
Facebook	https://facebook.com/barhillchurch		

Huntingdonshire Concert Band Presents



Saturday 24th February

7.30 pm In the Church.

£8 per ticket

£7 for concessions (under 16's and OAP's)

**Light refreshments will be sold in the interval and
all proceeds will go to Bar Hill Church.**

**Tickets available from
Malcolm 488657 and Sue 780260.**

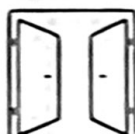
— Bar Hill Church —



Bible Study



Prayer



Open to all



Home Groups



Discussion

Friendship



Mutual support

Relaxed



Informal

We have several groups that meet in homes around Bar Hill,
on different days and at various times.

You don't have to be a church member

For more information: contact Elizabeth Burns email elizabeth.burns@barhillchurch.org.uk

Lent Study Course: 'HE CHOSE THE NAILS' With Max Lucado

Thursdays 7:45 pm in the Church 22nd February—22nd March

Come and discover what God did to win your heart.

For more details contact Paul on 01223 263528 or paulks87@btinternet.com

— Catholic Church —

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Rt. Rev. Mgr Eugene Canon Harkness**

Tel: 01223 350787

Local contact: **Bunty Waters**

Tel: 01954 201421

Mon., Weds., Thurs., Friday

8am & 12.15pm

Tuesday

8am & 7.30pm

Saturday

6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at

Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation

8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday

6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly

newsletter available at the 6pm Mass each Saturday.

Copies are also available in the Church Centre.

Home Visits

I am happy to bring communion to house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.

Contact Jean: 07841 397338, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

INTERNATIONAL LADIES

Ladies from all countries, including the UK, are invited to Jo Hall's, 11 Almond Grove, on Saturday, 17th February at 7.30pm for a 'bring and share' supper and stimulating conversation. Please let Jo know on 01954 780304 or email: roger.hall90@ntlworld.com.

SUMMIT LANDSCAPES

• Paving • Driveways • Brickwork •
• Carpentry • Groundworks • T: 01223 929394;
www.landscapingpaving.co.uk



— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Mon. Helene Taylor-Todd School of Dance	4-6pm
<i>(school term time only)</i>	
Mon. Craig Burns Bootcamp	6.15-7.15pm
Mon. Martial Arts	7.30-9pm
Tues. Shotokan Karate	6-8pm
Wed. Helene Taylor-Todd School of Dance	4-6.45pm
Wed. Danielle Fitness Classes Zumba & Pilates	7-9pm
Thur. Pilates <i>(school term time only)</i>	10-11am
Thur. Weightwatchers	7-7.50pm
Fri. Baby Sensory	10.30-12.30pm
Fri. Martial Arts	7.30-9pm
Sun. Bingo <i>(doors open 7pm)</i> Cash prizes	7.30-9pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

— WILDLIFE TRUST —

Huntingdonshire Local Group

Dormice – Wednesday 14th February at 7.30pm.
Our topic will be 'Dormice' a talk by Ian White, Peoples Trust for Endangered Species, and Gwen Hitchcock, responsible for dormouse monitoring for our Trust. Ian has been involved with the introduction of Dormice throughout the UK and he monitors both nationally and locally. Ian will reveal the secret lives of these enchanting animals and the progress that has been made with their re-introduction.

Islander – Wednesday 14th March at 7.30pm.
Patrick Barkham, Natural History writer, will regale us with tales from one of his latest books 'Islander'. He will seek to demonstrate what it is like to live on a tiny island in the UK, describing the many habitats and associated wildlife found in these islands, whether they are small and apparently deserted, or whether they appear to be superficially suburban with little of the obvious natural resources in which to flourish.

Both these presentations should be really appealing to anyone interested in wildlife. They will take place at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB. Everyone is most welcome to attend. Booking is not necessary. Entrance charge £2.50 (accompanied children free). Please contact Tim on 01480 457795 for more information.

Registered Charity No: 1000412

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles, cribbage, or enjoy a drink in our quiet lounge bar. As of the 1st October children under the age of 12 will not be allowed in the club Sunday to Friday inclusive after 9pm as stated in the constitution.



What's on in February?

3rd The Beatles Revolution, in the village hall, tickets £5 per person

10th Membership draw

17th Live Music

24th Membership draw

26th Monthly quiz with rock n roll bingo

We also have a trip to Lille and Brugge Christmas markets 2018 – come and get an information pack.

Not a Member?

The new membership starts on the 1st December. Please ask the bar staff for a membership form.

For further information, visit our website: www.bhssc.org.uk or join us on Facebook at Bar Hill Sports & Social Club.

MUSIC TO MY EARS!

As part of a study at Cambridge University, I'm writing to invite you to participate in a project that explores your child's everyday life using an innovative technique called Experience Sampling.

We would like to know what music your child hears in everyday life at home and when out and about. If you'd like to join this quest, please read the rest of this letter carefully. Participating in the study will not require you to do anything out of the ordinary. You will simply have to a) fill-in an online questionnaire and b) answer 1-3 minutes-long phone calls to your mobile phone during a week of your choice. During phone calls, we will ask you a short set of questions about any music that might be playing or have been playing recently. To take part, email or phone me at the contact address below to:

- share full details of the study with you, including the consent form, and answer any doubts you might have.
- Set the 'target week'. You need to find seven consecutive days, but they need not be a Monday to Sunday. If there are any sensitive activities that you would prefer not to be interrupted in the week (for example, hospital visit, religious ceremony), please tell us and we will guarantee not to contact you during those times.
- Set "sociable hours". We agree to set any time at your convenience within a single day. Because we're interested in what music your child hears in everyday life, breakfast and bedtime might be worth including.

Once we have agreed dates and sociable hours for your study week we guarantee not to contact you outside these hours, and we will grant you access to our online consent form as well as the mentioned questionnaire.

I really hope you will be able to help with this very innovative project!

Juan Pablo Robledo del Canto, PhD student, Centre for Music and Science, University of Cambridge.

Email: jper2@cam.ac.uk; Phone: 07715 313453.

If you find a tradesman in the Bar Hill News, please tell them when you book a service or appointment.



Total Relaxation

at the farmhouse

The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

PEASGOOD & SKEATES

THE FAMILY FUNERAL SERVICE

*Personal care & attention
24 hours a day by local, qualified staff*

Traditional & Contemporary Funerals
Memorials

Pre-Paid Funeral Plans
Off Road Parking

617 Newmarket Road
CAMBRIDGE
CB5 8PA

Please call: (01223) 415255
www.peasgoodandskeates.co.uk

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

Bar Hill Resident
over 30 years

Local, Honest & Reliable

Free Quotes

Extensions & Conversions

Kitchens & Bathrooms

Driveways & Patios

Windows & Doors

Floor & Wall Tiling

Painting & Decorating

hinchliffebuildingservices@gmail.com

AIRPORT CARS CAMBRIDGE



- Long distance journeys and airport transfers
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website www.airportcars.uk.net

For the most competitive quote call:

VISA



01954 782822 / 07411 593527 jamesairportcars@gmail.com

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE



Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs



The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment

Opening times

Mon. To Fri. 8.00am - 5.30pm

Sat. 8.30am - Noon

Closed Sun.

 **781132**



Alan's Carpets

- Home selection Service
- Over 40 Years Experience
- **FREE** quotes - Priced right
- Extensive range of Quality Samples
- Room sized Roll ends - Carpets & Vinyl
- Orders fitted within days, not months
- Showroom now open at 1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Shrimpton

Phone 01954 232298 or 07790 544250



RedLocks
Locksmiths



Your local locksmith

**Locked out? All locks opened,
fitted, repaired and replaced**

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk



Bar Hill's Newspaper Delivery Service

ANY newspaper, ANY day of the week delivered to
your door by 7.30am.

£1.50 - Saturday + Sunday

£2.00 - Monday to Friday

£2.50 - Monday to Sunday

(Plus the price of your selected paper)

Set up in 2011 we deliver to households and busi-
nesses in Bar Hill,
offering you a simple, reliable
service for a great price.

Tel: 07731307083

info@yourlocalpaperboy.co.uk

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
- * ALL ASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE REQUIRE-
MENTS

e-mail: dean.mills2@hotmail.co.uk

COULSON SERVICES DEPARTMENT

01223 423800

- All forms of electrical works
- Heating installations and servicing
- General home improvements and maintenance
- All aspects of plumbing works
- Bathroom and wetroom refurbishments

enquiries@coulson.co.uk



KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL

Karndean / Amtico

**Altro safety flooring (wet rooms /
kitchens)**

Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5:00pm

Mob: 07801542378 8:00am - 6:00pm daytime

Bar Hill CB23 8TF



01954 266012

www.ask-itsolutions.co.uk

info@ask-itsolutions.co.uk

32 Church Street, Willingham, Cambridge, CB24 5HT

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

ELECSA
Part of the ECA Group



A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 40 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Testing / Inspections
- Security Lighting
- Call Outs
- Power
- Data Wiring
- Consumer Units
- Heating/Showers

A Barrett Electrical
85 Stonefield, Bar Hill, Cambridge, CB23 8TE
United Kingdom
Mobile: 07735615871
Email - barretts11@msn.com
Elecsa Reg No : EPP32673
Vat Reg No. 258 9429 52

SPECTRUM



CONSERVATORIES WINDOWS DOORS



MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just off Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

Giant, Haro, Mongoose, Huffy & Diamond Back

- Good quality secondhand cycles always available
- Plenty of parking



- Our suspension seatposts
- Bar's Repair cycles at incredibly prices
- Free repairs
- The only place to have your bike serviced in the Bar Hill
- Excellent quality to all types of bikes & tubular wheels
- Please for details
- At Bar Hill's, numerous & convenient bike repair shops

Quality for less **276004**
Come and visit us; we will make you welcome

SE
stamp electrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls



stamp.electrical@ntlworld.com

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,
Acorn Avenue, Bar Hill, Cambs,
including power flushing
CB23 8DT

24 hour service...No call out charges!



23354



026851

Est. 1989



07507774164

or

01954 583512

Email:

Info@totalaccessandsecurity.co.uk

CCTV

ALARMS

ENTRY CONTROL



CALL TODAY

FOR A FREE NO
OBLIGATION

QUOTE

Properties with no security systems are 5 times more likely to be burgled than those with simple security measures in place.

Protect your home and have peace of mind with our HD CCTV or alarm systems featuring remote viewing from any smart device.

WWW.TOTALACCESSANDSECURITY.CO.UK

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS
Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



we've got your home
improvements covered

WE'RE HIRING!
Contact us for permanent
or subcontract vacancies

PLUMBING & HEATING

fit a new boiler
upgrade your heating system
annual service for your boiler

BUILDING SERVICES

bathroom & kitchen installation
new build
home renovation



IJC is a family run Cambridgeshire business with
over 30 years experience

We offer a comprehensive range of domestic
and small commercial works across all forms of
building, plumbing, heating and renewable services.

call **01954 782920**

or visit www.ijcbuildingservices.co.uk

45 Viking Way Bar Hill Cambridge CB23 8EL

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill

Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill

Thurs 6.15-7.15pm, Oakington Pav

OVER 55s CLASS

Tues, 10-11am, The Church, Bar Hill

Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10

CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

Affordable Plumbing



- Radiators installed/moved/replaced
- TRV's changed
- Washing machines/dishwashers installed
- Taps repaired/replaced
- Unvented tanks serviced
- Cisterns & tanks changed
- Outside taps fitted
- Showers installed
- Existing bathroom sanitaryware replaced
- Emergency leaks fixed

No call out fee

City & Guilds qualified, G3 certified

Fully insured. All work guaranteed

Contact Michael

07850 652838

01223 264658

affordableplumbing99@yahoo.co.uk

PRE-SCHOOL PLACES AVAILABLE NOW

Leap and Learn are now taking bookings for the 2017/2018 Pre-School Year in Bar Hill

Sessions run from 09:00 – 12:00 / 12:30 – 15:30 or 09:00 – 15:00 Monday to Friday

Government funding is available (15 or 30 hours) so in their pre-school year your child will be eligible for a completely free place. we are recognised as one of the leading pre-school providers in East Anglia and have worked hand-in-hand with Bar Hill Primary School for 20 years

If your child is starting school in September 2018 then don't miss out, BOOK YOUR FREE PLACE today

Call Sally Gedny on 01954 488081

or e-mail info@leapandlearn.co.uk

for more information

www.leapandlearn.co.uk



Steve Jolley

Plastering & Tiling

**33 Field View
Bar Hill
Cambridge
CB23 8SX**

**Home 01954 780445
Mobile 07727 203626**

WILLINGHAM & LONGSTANTON — SURGERIES —

Willingham Reception: 01954 260230;

Longstanton: 01954 207600;

Dispensary: 01954 207602;

www.willinghammedicalpractice.nhs.uk

Keeping warm and well this winter – every winter there are around 240 deaths in Cambridgeshire due to cold weather. Winter conditions are associated with an increase in injuries and illnesses such as heart attacks, strokes and pneumonia. It can be particularly harmful to those that are older, under the age of five or have a long term health condition such as heart, lung and kidney problems. Keeping warm is an important way to stay well during the winter months. Top advice: • keep warm and healthy by heating rooms to at least 18°C; • don't put off getting the flu vaccination. If you're eligible get it now. It's free because you need it; • look out for friends, relatives and neighbours who may be vulnerable to the cold; • stay tuned to the weather forecast and plan ahead with supplies; • if you meet the criteria, register for priority service with your energy and water suppliers; • have regular hot meals and drinks throughout the day and keep active to help you stay warm; • get financial support to make your home more energy efficient, improve your heating or help with bills; • have your heating and cooking appliances checked regularly; • wear a few layers of thin clothing rather than one thick layer, and when you need to go outside wear shoes with slip resistant, good grip soles.

X-rays and test results – we would like to remind patients that you need to contact the surgery in order to find out any test results including blood tests, urine, X-rays and ultrasounds. Unfortunately, we do not have capacity to contact patients with their results, even if there is an abnormality. Please contact our receptionists after 11am for your results, and they can pass on any comments and advice from the GP.

Carers Support Meetings – our next meetings are at Willingham Surgery on Wednesdays: 7th February, 7th March and 4th April at 2pm. If you are a carer, please pop along and get some support. Refreshments provided, no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.

Cambridgeshire Hearing Clinics 2018 – the next clinics at Willingham Surgery are on Wednesdays: 21st February, 21st March & 18th April. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Sharon Unwin, Practice Manager

— STORYTIME AT BAR HILL LIBRARY —



Stories and pictures, rhymes, songs and craft activities for pre-readers from 10.30 a.m. at Bar Hill Library, on the second and fourth Saturdays of the month (10th and 24th February).

Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, Storytime offers half an hour or so of book-based fun twice every month.

Come along to give your child the opportunity to experience what is gained by learning to read.

Bar Hill



School

Bar Hill Community Primary School
Bar Hill CB23 8DY

Tel: 01954 273305

Fax: 01954 273306

Email: office@barhill.cambs.sch.co.uk

Website: www.barhillschool.co.uk

2018 has started with lots of fun and achievement at school. By the time this edition of the Bar Hill News arrives to families in the community, we will have opened our new play areas built to commemorate our 50th anniversary and to remember Dawn Miller, long serving play leader and colleague at school. The areas include opportunities for imaginative play with den building and "secret spaces" as well as climbing challenges. As ever, members of the public would be very welcome to visit the school to see the new play provision or any other aspect of school – feel free to book a tour through the front office (office@barhill.cambs.sch.co.uk).

It's with some sadness along with excitement over new opportunities that I write that this will be my last term at the school. I have been appointed as one of Her Majesty's Inspectors with Ofsted starting after the Easter holiday. This appointment comes as a huge honour to me and will be a natural progression for me after nearly 10 years of headship and nearly 20 years in senior leadership in schools. Since receiving news of my appointment, I have been working closely with the Chair of Governors to build a succession plan. Because the school is in such a strong position and has such strong networks across the country, including close ties with CMAT and Swavesey Village College, it is well placed to use this change in leadership as another opportunity for future positive developments for the children. Governors will update parents, carers and the community about this exciting opportunity for the school as the term progresses.

Dr. Al Mistrano, Headteacher

Crazy Dog Lady Pet Services

Services include:

Dog walking;

Training classes – Thursday evenings in the Octagon;

Other pets and puppy pop-ins;

1-2-1 Training.

Friendly, Reliable, Fully insured, DBS checked, APDT trained.

For more information and prices call Sarah on 07913 690021 or visit www.crazydogladyservices.co.uk.



— GIRLGUIDING IN BAR HILL —



Run by an incredible team of adult volunteers, our groups support over 120 girls locally. All our meetings are packed with age appropriate activities for girls to participate in and try out, including

badge challenges, crafts, games, outings, sleepovers, pack holidays, international trips and community work!

If you would like to join the fun, please e-mail:

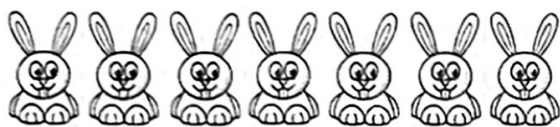
barhillguiding@icloud.com or you can register online:

<https://enquiry.girlguiding.org.uk>

Sarah Rivers, Commissioner

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place. We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times. Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



Before/after school and holiday care for school aged children is available and leaves the stress out of your busy mornings and evenings.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes and are fully insured. We have access to childcare qualifications including level 3 in childcare. You can feel safe in the knowledge that we all hold Paediatric first aid certificate.

We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Our Childminders are as follows:

Jacky 07718 447998
Melanie 01954 204496 – spaces
Terri 07846 018714 – spaces
Kirsten 07906 218070
Kirsty 07584 168909 – spaces
Mandy 01954 204223
Carol 01954 780238 – spaces
Karen 07930 196319
Janine 07879 613731

At our Tuesday Sensory sessions we'll be exploring activities related to 'Winter' then into Spring with 'Growing':

6 Feb. Valentines activities;
13 Feb. HALF TERM (no session)
20 Feb. Celebrating Chinese New Year using chop sticks with noodles and rice;
27 Feb. Planting cress;
6 Mar. Music and movement;
13 Mar. Mothering Sunday activities;
20 Mar. Planting and playing with compost and bulbs;
27 Mar. Easter activities.

...did you know... 11% of people are left-handed?

CAMBRIDGE PINKS – BREAST CANCER NOW REGIONAL GROUP

Happy New Year from Cambridge Pinks.

Please let us know when you are organising a fundraising event for Breast Cancer Now so that we can help you publicise it. We would also be willing to help if you need us.

Send an email to jo@hartmcleod.co.uk or avril.williams1@btinternet.com.

Avril Williams

Cambridge Pinks – Breast Cancer Now Volunteer Group

We believe that, by 2050, breast cancer will have taken its last life – but only if we all act now.

Breast Cancer Now is the UK's largest breast cancer charity, created by the merger of Breast Cancer Campaign and Breakthrough Breast Cancer.

COMBERTON RAMBLERS CLUB

We walk on alternate Sundays, starting at 10.15 a.m.

Walks are from 4–7 miles, usually ending near a public house. We are a friendly, informative group and enjoy exploring the varied countryside in this area.

New walkers are welcome to join us with two free walks, and if you enjoy our walks we request that you become a member.

For further details on how to join our sociable rambling group

please contact Stella: T: 01954 210049;

E: stella.ramblers@hotmail.com;

W: www.combertonramblers.org.uk.

THE CAMBRIDGE STROKE GROUP

The Cambridge Stroke Group is a support group for all stroke survivors in Cambridgeshire. The group, a small charity run entirely by volunteers, was created with the joining together of Different Strokes, Cambridge and The Stroke Association to help provide a comprehensive support group for all those, of any age, who have had a stroke.

The Cambridge Stroke Group provides support and a lifeline to its members, helping to transform their lives and speed up recovery after a stroke by gaining independence, establishing new friendships and experiencing new activities.

The aim of the group is to provide a meeting place in a friendly and caring environment for people who have had a stroke, their families, carers and friends. It is a place away from the hospital that offers emotional and social support to stroke survivors and a chance to meet others who have also experienced the potentially devastating effects of having had a stroke.

Our drop-in meetings are calm, friendly and informal and everyone is welcome to pop in for a cup of tea or coffee and a chat.

We meet every Thursday afternoon between 1pm–4pm at the David Rayner Centre, Scotsdales Nursery and Garden Centre, 120 Cambridge Road, Great Shelford CB22 5JT.

For any further information please email us on info@cambridgestrokegroup.co.uk, visit our website on www.cambridgestrokegroup.co.uk or ring Helen Long on 07540 513225.

FOR SALE

Black Leather Bucket Chair. As new £45.00 ono.

Call: 01954 201210 anytime

If you find a tradesman in the Bar Hill News, please tell them when you book a service or appointment.

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

EXPRESS ROOFING SERVICES		
5-10 year guarantees	Flat Roofing Specialists	
	Emergency 24 hour Service	
	Roofing for over 25 years	
	* Insurance work * Guttering * Facia Boards * Garages & Extensions * Re-roofing & repairs	Prompt Reliable Service
	01487 841008 Mobile 07860 680550 37 Greenfields, Earith	
	Competitive Rates	

NOW OPEN in the Village of Over...
Dog Day Care... with a difference

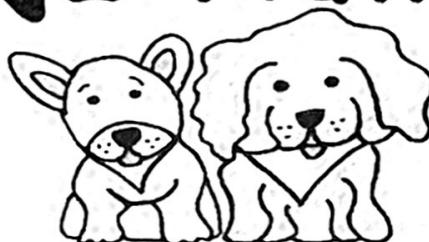
Opening Hours
Monday to Friday
7:30am - 6pm

Find us on
facebook

Unit 17
Norman Way
Over CB24 5QE
07764 959238

PUPPY CLASSES - 6 WEEK COURSES
SPACES ALWAYS AVAILABLE.

Norman's



Take a look at what we all get up to each day on
our FACEBOOK PAGE... search for
'Norman's Dog Day Care'

J T Carpentry & Joinery

General Domestic Carpentry & Small Building Work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & Timber Windows, Decking, Security Locks, Stud Walls, Insulation, Glazing, Cupboards.

City & Guilds Apprenticeship served with over 40 years experience.

Telephone 07846 847808

www.johnnytno1.moonfruit.com



**WE
KNOW
YOUR
BUYER**

Want to achieve the top
price for your property?

Can we help?

📞 01954 781 411

8am - 10pm every day
haart.co.uk

A LOCAL
AGENT WITH
BUYERS &
KNOW-HOW

haart
BAR HILL

UniPlumb



We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
 - Boiler installations / replacements
 - Central heating power flushing
 - Repairs & maintenance
 - Shower installation
- Water softener installation
 - Underfloor heating
 - Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively visit our office at
117 Highfields Road, Highfields,
Caldecote, Cambridge CB23 7NX



Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

Your old 'G' rated boiler is wasting £450 a year

Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer - better value than British Gas according to The Times.

Special offers for 2015



Green Heat Ltd
The Energy & Heating Company

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheatuk.com



JASON KIRBY

*Professional Painting
& Decorating Ltd*

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations



Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

PLEASE TELL OUR ADVERTISERS IF YOU FOUND THEM HERE

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot
Massage

To book your appointment, call
Andrina on

07966 571 686

or email

andrinab@btopenworld.com

Register for Foot Health Practitioners
Member

K & S SERVICES

Tel: 01954200869

Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling,
Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

**FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED**

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING

**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

• **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms

• **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens

**FREE
ADVICE /
ESTIMATES**

• **WE SPECIALISE IN** New Conservatories,
Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone 01954 201944

100% Satisfaction Guaranteed
and 100% Free No Obligation

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH • WE DON'T INFLATE THE PRICE • WE JUST SOLVE PROBLEMS

**CAMBRIDGE
ROOFERS**



Roofline Specialists

Specialising in Roofline Products, Repairs and Replacements



If you're dealing with

- ✓ Peeling Paint
- ✓ Warping & Bowing
- ✓ Discolouration
- ✓ Signs of Algae
- ✓ Rotten or Cracked Timber Work
- ✓ Rust Staining
- ✓ Water Ingress
- ✓ Rot or Moss
- ✓ Leaking Gutters

Then call us for a

Our qualified professionals will offer you a non obligatory quotation on the work involved to transform your home with our Roofline products.

01223-782382

www.roofing-cambridge.co.uk

Skatz

HAIR DESIGN

*and
Bethan's Beauty
Shop*

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary



**P & P Home
and Garden**

Call 01954 782198 or 07954 372516

Email pphomeandgarden@hotmail.co.uk

www.pphomeandgarden.vpweb.co.uk

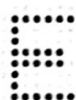
Friendly and reliable service carried out
by local mums

We tailor our services to suit your needs,
Fully Insured

We offer:

- **Cleaning Service**
- **Washing and Ironing Service**
- **Lawn mowing Service**

Weekly, fortnightly and monthly.
No job too small.



ENTIRE



**Water
Safe**
QUALITY ASSURED



The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance

Tel: 01954 204044 • Web: www.entiregroup.co.uk

Email: service@entiregroup.co.uk

Are you in need of a chiropodist ?

For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

— COUNCILLOR NOTES —

South Cambs Magazine

Your next issue will be delivered from 19th February–10th March. Contact me if you haven't received it by then.

Village travel hubs

Three South Cambridgeshire villages have been proposed as possible areas for new "rural travel hubs" to better connect residents with public transport, walking and cycling routes. The pilot hubs, to be funded by the Greater Cambridge Partnership, will be travel interchanges that are tailored for individual areas. They could include new sheltered bus stops, secure cycle parking, cycle lockers and extra car parking. They will be located close to existing railway stations, bus stops and cycleways and walking routes.

The suggested hub at Oakington would be near Station Road, next to the Guided Busway and adjoining footway and cycle path. The facilities proposed include secure cycle parking and cycle lockers, a stop with room to turnaround for a bus, a drop off area and more than 40 car parking spaces.

An example of what a hub could look like is already in place in Swavesey, alongside the Guided Busway track. Facilities there include covered cycle parking with CCTV, a bicycle pump, sheltered bus stops and a car park with drop-off points. The Swavesey interchange also has a shared foot and cycle path to nearby Over.

If you should need further information or advice or we can help in any way, please contact us on:

Bunty Waters: T: 01954 201421; 07734 690580;

E: bunty.waters@ntlworld.com;

Roger Hall: T: 01954 780304; E: roger.hall90@ntlworld.com.

— BAR HILL CRICKET CLUB —



We're already beginning to plan the 2018 season and it won't be long before we are working on the pitch and beginning to think about the first matches.

We know we will be playing in Division 3W in the Cambridgeshire Cricket Association Junior League on Saturdays.

We will be in the same league as Bassingbourn, Madingley, Cambridge St Giles III, Histon III, Bottisham/Lode, Milton, Haslingfield and Newton.

We will also have a team in the Cambridge Business Houses League, with midweek matches starting at 6pm.

As well as the adult teams, for the first time in some years we will have a youth team competing in the CYCA structure at under-11s, and we will also be running our weekly youth training sessions.

I will be able to say more about all these things in the next couple of editions of Bar Hill News. In the meantime, for more information about the club, visit www.barhillcricket.org.uk or call the number below.

We are always looking for new players of all ages – regardless of experience, so if you fancy joining us, give me a call.

Paul Stimpson 01954 201212

ANDY PURVIS — MAD ABOUT MUSIC

Specialising in rare CDs, LPs and music memorabilia. Collections bought and sold, good prices offered. T: 07798 642861;

E: andy.purvis9@btinternet.com

W: [facebook.com/madaboutmusic](https://www.facebook.com/madaboutmusic) – [stores.ebay.co.uk/cddirect](https://www.stores.ebay.co.uk/cddirect)



— HEIDI ALLEN MP —

This is my first newsletter of 2018 and I would like to begin by wishing everyone a happy and healthy new year! Oakington's latest community facility is now open!

Crossways CommuniTea Café at 1 Longstanton Road, Oakington is a social enterprise with the aim of bringing the community together in a warm and welcoming environment. It was a pleasure to do the honours and cut the ribbon. I hope you will be able to support the café by popping in soon for a cuppa. I can confirm beyond all doubt that they make a cracking brew! I was pleased to be asked to record a message for "Talking News for the Blind" which is provided to about 200 blind and partially sighted people in Cambridge and surrounding villages. This local charity does vital work to bring information and news to people who may feel isolated otherwise.

In Westminster, the Agriculture Minister George Eustice kindly agreed to meet with some of my South Cambs farmers to discuss what life might be like for them outside the EU. We had a full and frank discussion about what small and large farmers will need to keep this vital industry profitable. We all agreed it was a very worthwhile meeting and took great reassurance from George's understanding of the challenges the industry faces.

Since my last newsletter I have held two surgeries. Listening to the views and concerns of constituents and helping them with issues affecting their lives is an important part of my role.

My next surgery will be on 3rd February 11am–1pm at the Hare and Hounds, 60 High Street, Harlton CB23 1ES. All are welcome so I like to run a "no appointment necessary" system, but the last surgery was incredibly busy so I'd recommend you get there early if you can. Details of all upcoming surgeries can be found on my website – www.heidisouthcambs.co.uk. To contact me, please email heidi.allen.mp@parliament.uk. You can also phone my Westminster office on 020-7219 5091 about national issues or my constituency office on 01223 830037 for local concerns.

LEISURE CLUB APPRENTICE

Hallmark Hotel Bar Hill

We are looking for a motivated and enthusiastic individual with a passion for fitness to join our Cambridge team. You will be part of a small team working in a health club. Jobs include; reception duties, gym instructing, cleaning and lifeguarding. You will receive full training for the position. This will include NPLQ level 2 lifeguard, Level 2 gym instructor award, customer care and sales training.

With progression on target you will also have the opportunity to gain personal trainer, pool plant operator and first aid at work qualifications.

It will be a 40 hours a week contract, including shift and weekend work.

Salary from £140/week depending on age and experience.

For any other information please contact a member of staff on 01954 249901.

FOR SALE

Brand New Ladies Electric Bike • non-puncture tyres • throttle twist grip and gears. With charger.

Too large for buyer, consequently never used. £750

Call 07734 690580



— VILLAGE HALL —

01954 782892

Bar Hill Preschool is open 9am–3pm Monday to Friday, term time for children aged 2–5 years. We offer sessions through the Early years funding scheme, funded two's and accept childcare vouchers.

Our ethos is to ensure high quality care by focussing on each child's ability and interests, providing fun and exciting activities that children learn and develop skills through play in a safe and inviting environment.

Our keyperson and buddy system ensures every child is well supported by qualified practitioners who have a wealth of experience. We work in partnership with parents and our online learning journal supports this by providing families with regular information on the child's development and next steps identified, parents can upload evidence from home too and add their own comments.

Our inside area provides views across the village green in a inviting and welcoming atmosphere. Children can access toys and equipment independently. Skills are developed through activities and routines eg children help to prepare snack with safety knives and learn about how to stay healthy. Lunch clubs are a social time and adults sit at tables with children while they eat own packed lunch, encouraging friendships and social skills.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to exploring the mud kitchen, large sand pit and our sensory garden.

We welcome visitors from the local community that support our curriculum further.

Interested? You can find out more information on our website www.barhillpreschool.co.uk or call us on 01954 782892 to book an informal visit or for an application form.

— DRY DRAYTON VILLAGE HALL —

Yoga Flow Class: Tuesday, 6.30 to 7.30pm.

5th, 12th and 19th December 2017 (£20 or £8 drop in).

NEW: Yoga Flow Class: Thursday, 5.45pm to 7.15pm.

11th, 18th and 25th January 2018 (£24 or £9 drop in).

Please come with a yoga mat and a blanket for Yoga Flow classes.

Gentle Yoga: Monday, 9.15 to 10am-ish.

4th, 11th and 18th December 2017 (£15).

To book a place, please contact Anita Cullum, 01954 780645, anita@littleyogacorner.co.uk



BICYCLE REPAIRS & SERVICING – 07914 655086

House and Carpet Cleaning Services – 07495 910232

Gardening Services – 07427 341374

— OVER GP SURGERY & PHARMACY —

1 Drings Close, Over CB24 5NZ

Phone: 01954 231550 • www.oversurgery.nhs.uk/

— COUNTY COUNCILLOR'S REPORT —

The report on the A10 [Ely to Cambridge Transport Study] has now been published. The subsequent press release did not cover all the detail that may be of interest to many of you. There is much of significance for residents to the north of Cambridge and importantly, in the context of the planned new town at Waterbeach, it demonstrates that high quality off and on-road links to Waterbeach are both possible and economically justified. The key report can be accessed at: <http://bit.ly/2Di5Rwb>. In particular look at: page 30 for the 5 options; pages 31-35 for the maps and page 62 for the crucial table of cost/gains.

A recent survey of the Cambridgeshire Guided Busway has revealed that since the busway opened in 2011 the operators have carried over 20.2million passengers; nearly half of those surveyed said that if they hadn't been able to use the busway, they would have travelled by car; 6 in 10 said that the busway's reliable service was its most important feature with over 90% expressing satisfaction with the service; 1 in 5 thought that increasing the number of buses would encourage higher ridership and 1 in 4 said they had also used the busway route for journeys by foot or cycle.

The County Council's new Innovate and Cultivate Fund offers funding for community initiatives that support and strengthen local communities and, in so doing, also reduce pressure on County Council services. Applications are being invited from organisations and groups that offer support for adult social care, children and families' services and the waste service. There are two funding streams: the 'Cultivate' stream offers small grants of £2,000 - £10,000 and the 'Innovate' stream is for larger grants of up to £50,000. Deadlines for the next round of applications are: 1st May for 'Cultivate' and 9th March for 'Innovate'. Application forms and further information is available on the Cambridgeshire Community Foundation website, info@cambscf.org.uk. Meanwhile the County Council is offering an opportunity for prospective applicants to talk through their ideas prior to submitting an application. The Innovate and Cultivate Fund Advice Session has been arranged for Thursday 8th February 2018 between 0945–1200 at Ely Community Centre. You can also book a group advice session on writing a good application or sourcing data to support your application. If you are interested in attending you do need to book an appointment at: <https://www.eventbrite.co.uk/e/innovate-cultivate-fund-advice-session-tickets-41337609904>. It is expected that demand will be high and, as a result, those without appointments are unlikely to be able to be seen on the day. For any queries on the advice sessions, contact lianne.parrett@cambridgeshire.gov.uk.

Please do contact me about any concerns or questions you have. If you would like to receive a copy of the full report that I write for the division's parish councils each month, please email me and I will add you to its circulation. Meanwhile my best wishes to you all for the forthcoming festive season.

Lynda

lyndaharford@icloud.com; 01954 251775/

07889 131022; Follow me on Twitter: @2whit2whoo.

FOR SALE

Powered recliner chair good condition – £100;
Pair of lounge chairs, winged backed, shaped legged,
very good condition – £40 each.

Telephone: 01954 204327

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

IS YOUR BOILER READY FOR WINTER?



Sadly, colder weather is just around the corner, before you know it we will all be switching on the central heating. If you have been considering replacing an old inefficient boiler with a new high efficiency unit, now is the time to do it. Cut your heating costs this year, call IJC for a no obligation quote today. Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

call: 01954 782920

or visit: www.ijcbuildingservices.co.uk



IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

Oakington Garden Centre

Large selection of plants, pots
and garden sundries

Open:

Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.

Tel. 01223 234818

Fax. 01223 236823

Email: oakingtongardencentre@hotmail.com

A. Denton

Painting & Decorating

High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954
782472



URBAN CAR COMPANY

QUALITY USED CARS

- ★ All Cars Multi Point Checked
- ★ Finance Arranged
- ★ Extended Warranties
- ★ Cars Bought for Cash

Your *local* car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



Ash Croft Veterinary Surgery

HARDWICK

169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm
Saturday - 9.00 to 11.00am
Sunday - 10.00 to 11.00am

PAPWORTH

Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm
Saturday - 12.00 to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs

Open Monday - Friday 8am - 5.30pm - closed Saturdays and bank holidays

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Andy Kent, Andy's Kars Ltd,
6 Viking Way, Bar Hill, Cambridge, CB23 8EL
Tel: 01954 782666 Fax: 01954 789554
www.andys-kars.co.uk
enquiries@andys-kars.co.uk

**Honest advice with a smile,
we go the extra mile!**



A MESSAGE FROM THE CHIEF CONSTABLE

The future policing model for Cambridgeshire has been agreed and will begin to roll out from 30 April. In November I announced plans to create a sustainable policing model following an unprecedented increase in demand for our services.

Our current policing model is hampering our ability to manage demand. Like forces across the country, Cambridgeshire faces an unprecedented workload, and officers and staff are working long hours with heavy workloads.

Our focus remains to protect the most vulnerable people and target the most serious offenders. But this means I have to be realistic about what we can and cannot attend, and make some difficult decisions about our future structure within our current budget.

The new model is focused on putting more officers on the frontline so we can provide you with the best service possible. This structure will enable us to fund an additional 50 officers, which will make a difference to the people of Cambridgeshire. It retains our commitment to providing neighbourhood policing and working in partnership with communities to reduce crime and to make them safer through effective problem solving. Every resident will still have access to their local policing team, with an identified police community support officer (PCSO) in their area.

Below is an overview of the new structure:

- Every resident will be able to access their local policing team and have an identified PCSO in their area. However, there will be no new intakes of PCSOs and the current headcount will reduce by natural turnover over coming years, with a commitment to retain a minimum of 80 full time equivalent posts.
- Additional officers will be in those areas where our most vulnerable people and most dangerous offenders are, focusing on issues such as child protection, rape investigation and domestic abuse.
- A Demand Hub will be created to merge the force's contact and crime management functions centrally at force HQ. This will modernise our approach to public contact and allow for early and more effective management of demand.
- We move to just two areas, north and south, enabling us to commit more resources to the frontline.
- A Missing, Exploited and Trafficked (MET) Hub will be created, tasked with protecting children most at risk of harm within these areas and focused on apprehending the offenders who target them.
- There will be changes to our current intelligence structure, which will enable us to increase our analytical provision, allowing improved analysis of demand.
- PCSOs will continue to play a central role in neighbourhood policing and problem solving.
- Community action teams, similar to the current Rural Crime Action Team (RCAT), will be created to respond to local problems and challenges. These officers will be tasked with dealing with local issues, prioritising those where the risk to individuals and the public is highest.
- Every district council area will have an enquiry office function.
- A reduced number of response bases will allow for maximum efficiency in response deployment.
- The force will continue to have a serious and organised crime team, cyber and fraud team, and surveillance team to tackle crime gangs.

Chief Constable Alec Wood

THE COTTENHAM YESTERYEAR ROAD RUN 2018

Due to circumstances beyond our control we have been reluctantly compelled to cancel 2018's Yesteryear Road Run, scheduled for April, because the traditional circular route uses the so-called Airfield Road between Longstanton and Oakington. This will be closed and dug up as part of the on-going Northstowe development. We have been trying for months to get a firm assurance from developers on whether the road will still be open in April without success. The route has to be finalised several months in advance, so we have no alternative but to cancel. We very much regret this decision, but hope you will understand.

While everyone involved is disappointed, the real losers are the Arthur Rank Hospice Charity, for whom the last Run raised over £9,000. To make sure the Charity doesn't lose out completely, we have set up a just-giving page: www.justgiving.com/fundraising/vivien-lampard

Alternatively, donations can be sent to me at: 319 High Street, Cottenham CB24 8TX. Thanks in advance for your generosity – all receipts will go to the Charity.

For the future, we understand that a new link road that will effectively replace the Airfield Road is included in the A14 project and should open in Summer 2018. We are hopeful that the Yesteryear Road Run 2019 is secure! Thank you all for your support in the past and in the future.

Vivien Lampard—on behalf of the Cottenham Yesteryear Road Run Committee

— NEIGHBOURHOOD WATCH —

CCTV (Closed circuit television) is becoming increasingly popular with security-conscious homeowners and equally unpopular with potential burglars. However, while it may help deter crime and antisocial behaviour, do not neglect basic security advice – door and window locks, security lights, and making your house appear occupied even when you are out.

If you consider buying CCTV:

- ⇒ Resist buying from cold callers.
- ⇒ Research the types of CCTV available to decide which is best for you. Systems vary in quality and price.
- ⇒ CCTV systems must comply with privacy laws and not record outside your boundaries e.g. pavements or other people's property.
- ⇒ It's a good idea to discuss any CCTV plans with your neighbours first – and even consider sharing a system with them, which might also cut costs.
- ⇒ You may need to display a CCTV notification sign.
- ⇒ Consider a security light near the camera. When the light activates, an intruders' natural reaction is to look at it. If they see a camera next to it, they will know you just got a shot of their face... and won't stick around after that.
- ⇒ Information recorded should only be used for its intended purpose i.e. home security. It should not be shared e.g. on social media.

For further information ring 101 and ask for Rachel Carr or visit www.gov.uk/government/publications/domestic-cctv.

Wishing all of Bar Hill a Happy and Safe 2018
Pam Vandy, Village Co-ordinator



— FRIENDS OF THE ROSIE —

We wish all readers a prosperous 2018 and hope that a few will become customers.



The Friends of the Rosie Hospital are raising money to help make the Rosie a more comfortable environment for mothers and babies. For up-to-the minute information follow Rosie in Stitches Facebook page."

Rosie in Stitches would like to thank all our customers in 2017 for helping us to raise £1,309.

Upcoming Stall dates

Tea Bar, Rosie Hospital Outpatient Clinic – Monday to Friday 9am to 4pm;

Bar Hill Community Market – Saturday 3rd February 10.30am to 2pm – selling gifts for all ages;

Annual General Meeting at the Rosie Hospital – Monday 5th March 2018 12.30pm.

New members are always welcome, whether to contribute financially, to join our team of knitters, to organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar. Contact Mary Sanders on 01223 356615 further details are given on our website www.rosieinstitches.org.uk.

Thank you for your continued support.

— FEBRUARY BULLETIN — CAMBRIDGESHIRE FIRE AND RESCUE SERVICE



On-call firefighters are a vital part of today's fire and rescue service, providing an efficient, effective service that gives emergency cover to more than 90% of the UK. In Cambridgeshire they make up 56% of the workforce.

An on-call firefighter is not based at a fire station but carries a pager and responds to emergency incidents as and when they happen. They receive an annual wage to reflect the time they commit to being available, plus additional payments for attending incidents and drill nights (one evening a week for two hours).

On-call firefighters are men and women who may have other jobs and are able to provide evening, daytime, or weekend cover. When they are on-call they may be at home, working for themselves or for a nearby company, or out in their local community within our 5 minute radius of the station itself. Our on-call Firefighters are mainly located in rural communities, small towns and villages, and we will be able to tell you if you are within range to apply to be an on-call firefighter.

If you are interested in becoming an on-call firefighter please go to our website www.cambsfire.gov.uk and search for on-call firefighter under the careers section. Or contact the recruitment team at recruitment@cambsfire.gov.uk.

ENGLISH LESSONS FOR ADULTS

Daytime and evening classes.

All levels.

Free refreshments, library, singing group, and kids' room.
Contact Sarah Adams: Sadams@chesterton.cambs.sch.uk
www.esolcafe.co.uk

Join us for 4 weeks at a special rate!

AN UPDATE ON FEN DRAYTON LAKES



giving
nature
a home

What's been happening – we and our volunteers had a busy winter working to improve the lakes for both people and wildlife. Over on the North West of

Elney Lake we have removed some mature trees to give a long view across. This adds an interesting element to one of the most wooded walks on offer. We've also done a great deal of work to open up the popular route to the Ferry Mere shelter, in an attempt to allow the path to remain dryer and firmer under foot. This kind of work also helps to revitalise and diversify the vegetation.

Wildlife – bitterns returned to spend the winter, with up to three being seen at once from the Elney viewpoint adjacent to the busway. This viewpoint also produced barn owl, marsh harrier, bearded tit and snipe. Sometimes there were a couple of thousand starlings gathering at dusk.

Dates for your diary – we'll be hosting an Easter themed willow weaving workshop on Sunday 25th March (booking essential: 01954 233260 or email

fendraytonlakes@rspb.org.uk to reserve your place).

From Monday 26th March to Monday 2nd April there will be fun-filled activities, including an Easter-themed nature trail. A must for all the family! Up-to-date information on our website: rspb.org.uk/fendraytonlakes.

Ever thought about using your skills to help your local wildlife?

We're always on the lookout for volunteers to help in a variety of flexible roles. You'd be amazed what help we need, and you might be surprised to learn that some of our volunteering can be done at home or in your shed, as well as in our office or out on the reserves while walking or wildlife watching. There's no minimum time commitment, but if you do 50 hours in a year you'll receive a volunteer card which entitles you to free entry and parking at all our reserves, plus up to 20% off RSPB purchases. You're guaranteed to meet likeminded people and make new friends.

If you think you may be able to contribute, please email tim.fisher@rspb.org.uk or tel: 07568 116413.

For general reserve information:- tel: 01954 233260; visit rspb.org.uk/fendraytonlakes.

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

MATHS TUITION

My name is Ashley Bell. I am a 37 year old male offering Maths tuition. I have an honours degree in education, so along with my experience of working in mainstream and SEN schools, I can adapt my approach to fit the needs of your child. I can tutor any age up to GCSE Level, whether that be exam preparation, preparation for a new school/new year, or just general Maths tuition.

I am on the DBS Update Service, so no need for new checks. Contact me at ashleymbellaf@gmail.com or 07432 015314. Rates: £15 per hour.

FOR SALE

Dark wood Drinks cabinet with other storage and display.
Total measurements approximately 1m 80cm high x
1m wide x 45cm deep. £50 o.n.o.
Tel. 01954781757. Buyer to collect.

FINBOW FRAMING (inc Warwick Fine Art Prints)

We provide a local, friendly and
bespoke framing service.
Framing for paintings, photographs,
Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a
stock of over 1000 antique prints
and maps, many of Cambridge.
These are available simply mount-
ed or framed. We can also provide
restoration work on damaged items.

Please feel free to get in touch with
Julian on 07952 295861
www.finbowframing.co.uk
finbowframing@hotmail.com



Alpha Car Airport Transfers

Travel in comfort to and from London airports in 4, 6 and 8 seater luxury.
Avoid the hassle of airport parking at prices you can afford.
We regularly operate airport trips and also bespoke trips to London and
all over the UK.



01954 23 23 00



info@alphacarsonline.co.uk



Alpha Cars, Longstanton, Cambridgeshire



Jim Edwards

Gas appliances, Plumbing and Heating
Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

**All plumbing work undertaken, local friendly
service. Fully insured.**

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk



my straw garden

Growing your own fruit and vegetables couldn't
be easier with a straw bale garden.



Low Maintenance



Educational



Space Efficient

Visit our website for more information!

www.mystrawgarden.co.uk

07956 857651

info@mystrawgarden.co.uk

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority

DAH Carpentry & Joinery Ltd

Rectory Cottage
2 Conington Lane
Conington
Peterborough
Cambridgeshire
CB7 3QR

01487 830714

07788 428580

david.humphrey@hotmail.com

Quality work at realistic prices

In need of any work doing around the home, but haven't got time to do it?
Then look no further....

- Carpentry & Joinery
- Windows & Doors
- Exterior Finishes
- Roofing
- Home Security
- Conservatories
- Loft Conversions
- Home Extensions

No job too large or too small

Rothwell's Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs

A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.

Members of both the NCCA and TACCA.
We will move the furniture.
100% satisfaction or it's FREE.



*Call Oliver and Max Campbell
for expert help today.*

01223 832 928 www.Rothwells.biz

M & M

Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works



01223 691599

07766 281962/07832 261791

info@mandmheating.co.uk

www.mandmheating.co.uk

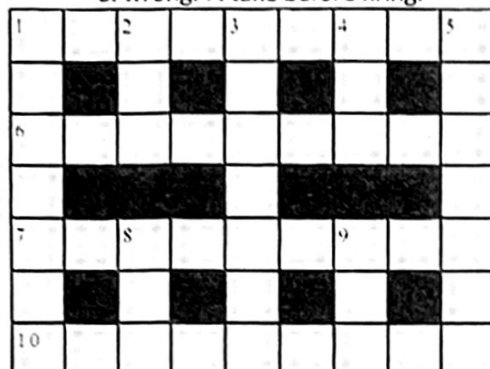
10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB



— FEBRUARY CROSSWORD —

Across: 1. comes before gloss. 6. see one at Newmarket. 7. huge icy island. 10. present PM.

Down: 1. standing/honest. 2. abbr. for doctor. 3. rearranges pictures. 4. belongs to us. 5. a day of the week. 6. wrong. 7. take before firing.



DECEMBER'S SOLUTION

Across: 1. Christmas. 6. nightgown. 7. lampshade. 10. sunny days.

Down: 1. candles. 2. rug. 3. satisfy. 4. moo. 5. singers. 8. man. 9. AGA.

— BIN COLLECTION —

1st February	blue
8th February	black
15th February	green and blue
22nd February	black
1st March	green and blue
8th March	black
15th March	green and blue
22nd March	black
29th March	green and blue

— THE ALLOTMENT SOCIETY —



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on

07788 590348.

All other allotment matters should be addressed to: barhillallotment@gmail.com.

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	Rob Lawrence	07788 590348
Bar Hill Church	Minister: Charles Mather	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Community Car Scheme		07496 465330
Bar Hill Cricket Club	Paul Stimpson	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter,	Sue Kenchington	01954 780260
Holiday@Home		
Community Market	Karen Austen	01954 781085
Conservative Party	Iris Lay	01954 205265
County Councillor	Lynda Harford	01954 251775
		07889 131022
Councillor, Parish Council,	Bunty Waters	01954 201421
Residents' Association,		07734 690580
Bar Hill News Advertising		
Councillor, Parish Council,	Roger Hall	01954 780304
Residents' Association		
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Potwell	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	Office	01223 830037
	Office address: 82A High Street, Sawston CB22 3HJ	
Liberal Democrat Party	Andy Pellew	07814 871752
Library - renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Neighbourhood Watch	Pam Vendy	01954 201001
Over Day Centre	Hayley Smith, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion,	Wendy Arrowsmith	01954 781381
Health & Wellbeing at Tesco		
Samaritans		01223 364455
Swavesey Village College		01954 230366

— FEBRUARY PUZZLE —

Form nine, nine letter words related to ENDEARMENT, in groups of three letters.

A	P	P	E	N	U	O	U	S			E	A	L				
A	T	T	H	E	D	O	U	S		T				I			
B	E	G	I	N	E	R	A	P		G				I			
B	L	E	I	N	G	R	I	S						H			
C	H	E	I	N	G	R	T	L					A				
D	E	S	I	N	G	S	T	A				N					
E	A	L	I	N	G	T	U	R			T						
E	N	T	I	R	A	U	I	L		A							
E	N	T	I	V	E	V	A	L		L	E	N	T	I			

Solution for December: Blessings, Celebrate, Community, Entertain, Fireplace, Gathering, Reverence, Stockings, Trimmings.

SEWING SERVICE



If you have a sewing job you don't fancy doing, call Lyn on 01954 201113.

RESIDENTS' ASSOCIATION



Interested persons are always welcome at Residents' Association meetings.

They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meeting: 6th February.

— EVENTS CALENDAR —

date	event	where	time
1 February	NWR – Museums & galleries (page 3)		8pm
1 February	8 O'clock Club (page 4)	School	8pm
3 February	Heidi Allen surgery (page 21)	CB23 1ES	11am–1pm
3 February	The Beatles Revolution (page 8)	Village Hall	
5 February	Happy Hours – (page 3)	Octagon	11am–3pm
12 February	Happy Hours – Pancakes & Valentines (page 3)	Octagon	11am–3pm
13 February	Closing date for applications for Parish Council vacancy (page 1 & 5)		
13 February	Health & Wellbeing Club (page 3)	Community Room, Tesco	2–4pm
14 February	Wildlife Trust talk (page 8)	PE28 4TB	7.30pm
15 February	NWR – Fabulous flowers (page 3)		8pm
17 February	International Ladies supper (page 7)	11 Almond Grove	7.30pm
17 February	Live music (page 8)	BHSSC	
19 February	Happy Hours – (page 3)	Octagon	11am–3pm
21 February	Free event in Cambourne (page 5)	The Hub	4–8pm
24 February	HCB – Concert (page 1 & 6)	Church	
26 February	Happy Hours – Bingo & quiz (page 3)	Octagon	11am–3pm
26 February	Monthly quiz (page 8)	BHSSC	
27 February	Book Club (page 3)	Village Hall	7.30pm
1 March	NWR – Deserts of the world (page 3)		8pm
1 March	8 O'clock Club (page 4)	School	8pm
3 March	Community Market (page 3)	Octagon	10.30am–2pm



Optimumdetail.co.uk

"Bespoke detailing and car care"

From full in-depth valets to specialist machine polishing.

Call today on 07717 231111 to discuss how we can improve your vehicle's appearance; or e-mail info@optimumdetail.co.uk

ABSOBEAUTI – BEAUTY SALON

Local business in The Brambles

By appointment only;

Monday–Sunday opening.

Call Sharon: 07967 610482

Minx Foil Nails, Manicures/Pedicures, Nail Art/Design.

Shellac/IBD/Gelation Nail Polish (lasts up to 14 days):

£19.00; St Tropez Spray Tans: £15.00; Eyelash Lift with free

eyelash tint: £20.00; Eyebrow shape and tint: £12.00;

Eyelash tint: £10.00.

INDOOR CARPET BOWLS

We are a mixed group who meet in the school on Friday evenings during term time from 7.30–10.00pm with a ½-hour break for refreshment – all for £1.50 each evening you play.

We do not play in any leagues so even if you have never played before do not be put off. Why not come along and join us on any Friday evening with your 1st session being free?

We look forward to welcoming you.

If you require any further details please contact Barbara on 01954 204171.



BAR HILL FOOTBALL PROJECT

3G Astro facility available for hire in Bar Hill.

For more details contact Julie Marin,

Bookings Secretary, 01954 781838 or 07770 687437

